

PART III: READING COMPREHENSION

SECTION B:

INSTRUCTIONS: Read Selections 3, 4, and 5, and then, in the space provided after each selection, summarize the main idea (or ideas) of each selection. Present each summary in no more than three sentences. Do not make use of direct quotations from the selection, but use your own words.

Selection 3

In 1996, two Canadian sisters, Janet and Greta Podleski, wrote a cookbook that sold 325 000 copies in its first year of publication. It was called *Looneyspoons* and was based on the premise that people were ready for low-fat recipes with entertaining names such as “Jurassic Pork” and “Chili Chili Bang Bang.” Although this book was self-published – no publishing company would accept it – it became an instant bestseller, and their subsequent books achieved similar success. *Looneyspoons* and their second book, *Crazy Plates*, together have sold over 1.3 million copies. One of the sisters, Janet, went on to become a registered nutritionist. Their third book, *Eat, Shrink & Be Merry*, although based on Janet’s nutritional expertise and \$10 000 worth of factual research, still takes advantage of trendy popular jargon. It is called a “know-carb, know-fat” book, and it contains recipes for dishes such as “Let it Bean” and “Chicken Teriwacky.” However, less readers think that everything in the new book is geared to health and nutrition, the two sisters have ended the book with a recipe that features a definite indulgence. The last chapter, entitled “You’re Gonna Die Anyway,” features one recipe: “Died-and-Gone-to-Heaven Chocolate Layer Cake.” Perhaps people who tend to read the end of a book first should skip this chapter or run the risk of not losing much weight.

Janet and Greta Podleski are two Canadian sisters who wrote several bestselling cookbooks

They named their recipes with popular jargon, and people liked it very much. Although their

third cookbook provides low-fat recipes there is still one “Died-and-Gone-to-Heaven

Chocolate Layer Cake” recipe that surprises people.

(Summary Score: 3/4)